

Preparation and Training

As we reflect on **John 14:26** and the quote “Prepare and Prevent instead of Repair and Repent” highlights an important aspect of spiritual and personal growth. We are emphasizing the value of **proactive** preparation and consistent training over **reactive** measures.

Here is a summary: FACE Part 8 “Prepare and Prevent instead of Repair and Repent”

Key Points:

1. Preparation and Training:

- Embracing the role of the Holy Spirit as a Helper, as mentioned in John 14:26, involves actively preparing and training. This involves building a strong foundation in faith and practice to avoid **frequent** repair and repentance.

John 14:26 (NKJV)

But the Helper, the Holy Spirit, whom the Father will send in My name, He will teach you all things, and bring to your remembrance all things that I said to you.

2. Proactive vs. Reactive:

- The quote “Prepare and Prevent instead of Repair and Repent” implies a shift from constantly fixing issues to preventing them through diligent preparation. This is a call to build resilience and strength before problems arise, rather than reacting to them after they’ve occurred.

3. Biblical Wisdom:

- Proverbs 24:27 advises us to prepare thoroughly before undertaking new projects. This principle can be applied broadly to various areas of life, including personal development and spiritual growth.

4. Completion and Focus:

- Once you start a project or a goal, seeing it through to completion is crucial. This applies to both spiritual endeavors and practical tasks. Distractions and circumstances should not **derail** your progress.

John 19:30 (NKJV)

So when Jesus had received the sour wine, He said, "**It is finished!**" And bowing His head, He gave up His spirit.

5. Managing Distractions:

- **Recognizing** and managing distractions is essential to maintain focus on your preparation and training. **Distractions** can come in many forms—people, circumstances, or even our own internal struggles.

Mark 4:18-19 (AMP) (14-20)

18 And the ones sown among the thorns are others who hear the Word;

19 Then the cares and anxieties of the world and distractions of the age, and the pleasure and delight and false glamour and deceitfulness of riches, and the craving and passionate desire for other things **creep in and choke and suffocate the Word**, and it becomes fruitless.

6. Maintaining Composure:

- Drawing from **Proverbs 17:27**, maintaining a “cool spirit” and controlling one’s words are signs of wisdom and understanding. This is especially relevant in dynamic environments like the grocery industry, where rapid changes and interactions with people are frequent.

Consider these portions of God’s word.

Proverbs 17:27 (AMP)

He who has knowledge spares his words, and a man of understanding has a **cool spirit**.

Proverbs 10:19 (AMP)

In a multitude of words transgression is not lacking, but he who **restrains his lips** is prudent.

Proverbs 14:29-30 (AMP)

29 He who is **slow to anger** has great understanding, but he who is hasty of spirit exposes and exalts his folly.

30 A **calm and undisturbed** mind and heart are the life and health of the body, but envy, jealousy, and wrath are like rottenness of the bones.

Proverbs 15:18 (AMP)

A hot-tempered man stirs up strife, but he who is **slow to anger** appeases contention.

James 1:19-20 (RSV)

19 Know this, my beloved brethren. Let every man be **quick to hear, slow to speak, slow to anger**,

20 for the **anger of man does not work** the righteousness of God.

Galatians 5:22-26 (NKJV)

22 But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, gentleness, **self-control**. Against such there is no law.

24 And those who are Christ's have crucified the flesh with its passions and desires.

25 If we live in the Spirit, let us also walk in the Spirit.

26 Let us not become conceited, provoking one another, envying one another.

Practical Application:

1. Regular meditation of God's word and Prayer:

- Engage in regular meditation and prayer to stay aligned with **God's goals**. Use this time to seek guidance from the Holy Spirit and adjust your preparation strategies as needed. (Joshua 1:8, Psalm 1:1-3)
- Choose to spend your life pleasing Jesus! [Click here](#). (Video)

2. Structured Planning:

- Implement structured planning to ensure that you're adequately prepared. This could involve setting specific goals, timelines, and regular check-ins to evaluate your progress. (Habakkuk 2:2-3, 2 Corinthians 13:5)

3. Building Flexibility:

- Focus on building adaptability. Life is unpredictable, and having a strong foundation will help you manage changes and challenges more effectively. (James 4:15)

4. Continuous Learning:

- Stay open to continuous learning and growth. The Holy Spirit's guidance can lead you to new insights and areas of improvement that contribute to your overall preparation and training. (John 8:31-32, 2 Timothy 2:15 AMP, 2 Peter 3:18)

5. Practice Patience and Understanding:

- As you interact with others, whether in a professional setting or personal relationships, practice patience and understanding. This not only supports with biblical wisdom but also enhances your effectiveness in various situations.

James 1:2-4 (NKJV)

2 My brethren, count it all joy when you fall into various trials,

3 knowing that the **testing of your faith produces patience**.

4 But **let patience** have its perfect work, that you may be perfect and complete, lacking nothing.

In essence, our approach to **preparation and training** as a believer emphasizes a proactive and disciplined lifestyle. By integrating these principles into your daily routine, you can build a stronger foundation and navigate life's challenges with greater ease.

1 Timothy 4:7-8 (AMP)

7 But refuse and avoid irreverent legends (profane and impure and godless fictions, mere grandmothers' tales) and silly myths, and express your disapproval of them. **Train yourself toward godliness (piety), [keeping yourself spiritually fit].**

8 For physical training is of some value (useful for a little), but godliness (**spiritual training**) is useful and of value in everything and in every way, for it holds promise for the present life and also for the life which is to come.

[Click here](#). Main resource. FACE Part 8 "Prepare and Prevent instead of Repair and Repent"

[Click here](#). Maintaining a cool spirit. Video and much more!

[Click here](#). Effective Training! Part 1. Avoid defeat on the battlefield of life. (Five Sessions)